



**WATERBURY  
HOSPITAL**

[www.waterburyhospital.org](http://www.waterburyhospital.org)

**Pulse**  
SPECIAL EDITION

# Directory of **residents**



**2011/2012**



A message from David J. Pizzuto, MD,  
Vice President of Medical Affairs/Chief Medical Officer

Waterbury Hospital's Residency Programs:

# Adding Strength and Vitality to Our Clinical Community

One of Waterbury Hospital's greatest strengths is the quality of its teaching programs. Every year, our institution is infused with new groups of highly motivated, highly intelligent and highly compassionate young clinicians who are eager to put their skills to use. There are many beneficiaries, including the physicians who get to teach and train these residents, the residents themselves and, most of all, the patients who benefit from their care. Our residents bring fresh energy to our common mission of providing the best quality of care to our patients, and that's what makes the residency programs so special. They are equally rewarding to both the residents and the hospital community they serve.

CONTINUED ON BACK PAGE

## Surgical Residency Program Director



**Scott H. Kurtzman,**  
MD, FACS

Chairman, Waterbury  
Hospital  
Department of Surgery

Current forecasts predict that with the aging of the population, in the near future there will be an enormous shortage of general surgeons. At Waterbury Hospital we take the responsibility of training the next generation

of surgeons very seriously. Our training philosophy is that the residents and students are here for education, not service. It is understood that this educational activity is best attained through a combination of clinical care and classroom learning. Being a busy community hospital with only one surgical training program, our residents have several advantages for their education. This unique aspect offers our residents the opportunity to participate in operations on patients with a variety of clinical problems beyond general surgery including ENT, gynecology, neurosurgery, urology and orthopedics. In addition, as a small program with a resident to faculty ratio of less than 2:1, we can individualize our education. We are confident that our graduates leave here as complete and capable physician surgeons.

We are delighted to announce that we have brought back one of our former chiefs, Dr. John Zhang, who has completed a colo-rectal fellowship at the Cleveland Clinic. John will add an exciting dimension to our teaching program as well as to the clinical services we will be able to bring to the Waterbury area.

# General surgery Residency Program

## CHIEF RESIDENTS



**Rambod Charepoo, MD**  
Chief Resident  
Saint George's University



**Kristina Bermas, MD**  
Chief Resident  
Ross University



**Daniel Tuvin, MD**  
 PGY-4, General Surgery  
 I.M. Sechenov  
 Moscow Medical Academy



**Colleen Pietras, MD**  
 PGY-4, General Surgery  
 Medical University  
 of the Americas



**Juan Diego  
 Holguin, MD**  
 PGY-3, General Surgery  
 UCONN School of  
 Medicine



**Yuk Ming Liu, MD**  
 PGY-3, General Surgery  
 State University of New  
 York Buffalo School of  
 Medicine



**Navpreet Kaur, MD**  
 PGY-2, General Surgery  
 Royal College of Surgeons



**Tiffany Ann Pierce  
 Schatz, MD**  
 PGY-2, General Surgery  
 Ben-Gurion University  
 of the Negev



**John Dussel, MD**  
 PGY-1, General Surgery  
 St. George's University



**Nathan LaFayette, MD**  
 PGY-1, General Surgery  
 Ross University



**Rakesh Hegde, MD**  
 PGY-1, General Surgery  
 Preliminary  
 Kasturba Medical College



**Michael Sywak, MD**  
 PGY-1, General Surgery  
 Preliminary  
 St. George's University



Yale Primary Care Internal  
Medicine Program Director



**Stephen  
Huot, MD, PhD**

Associate Chair  
for Education,  
Yale University School  
of Medicine Department  
of Internal Medicine

Among the many advantages offered to the residents in the Yale Primary Care Program is the opportunity to learn medicine in a range of settings that provides in depth and comprehensive training in internal medicine. Our internal medicine residents split their inpatient training between Waterbury and Yale New Haven hospitals while also working at the Chase Outpatient Center for their continuity practice. Their outpatient training is rounded out by office-based experiences with practicing Internists here in the Waterbury area. Residents are confronted with the full range of challenges faced by on-the-job clinicians every day. Because there are no fellowship programs at Waterbury Hospital, our internal medicine residents work directly with senior clinicians, specialists, social workers, therapists, nurses and other staff. This allows our residents to fully comprehend the demands and challenges of their work in ways that nothing else could. Several graduates of our Program have joined the medical staffs in our local communities, thus helping us achieve one of our goals of attracting new physicians to the area.



**Jock  
Lawrason, MD, FCCP**

Chairman, Department  
of Medicine,  
Waterbury Hospital

We are pleased to welcome our new residents as they start their first year of postgraduate training. Once again we have an excellent group of physicians. It can be a frenetic and challenging couple of months as our group of young physicians apply the knowledge and clinical skills they have learned over the last four years. As experience and confidence builds, our residents will receive all of the support and education they need from the Department of Medicine and hospital staff and services. By the end of their residency, our physicians will have become part of our hospital community and be well prepared for their future in medicine. Some of these physicians will choose to stay in the Waterbury area, a true testament to the quality of our program and Waterbury Hospital.

Yale  
**primary  
care**

Residency Program



**C H I E F   R E S I D E N T S**



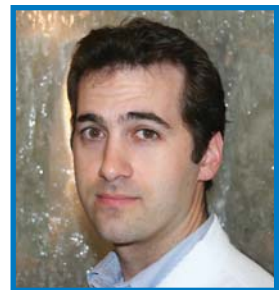
**Jaime Ruszkowski, MD**  
Chief Resident,  
Yale Primary Care,  
Global Health

Albany Medical College



**Sarita Soares, MD**  
Chief Resident,  
Yale Primary Care,  
Global Health

UCONN School of  
Medicine



**Joseph Donroe, MD**  
Chief Resident,  
Yale Primary Care,  
Global Health

Tufts University School  
of Medicine



**Deena Adimoolam, MD**  
PGY-3, Yale Primary Care  
Mount Sinai School of  
Medicine



**Florence Chan, MD**  
PGY-3, Yale Primary Care  
Brown Medical School



**Mina Chang, MD**  
PGY-3, Yale Primary Care  
The Chicago  
Medical School



**David Chia, MD**  
PGY-3, Yale Primary Care  
University of Minnesota  
Medical School



**Marcus Conti, MD**  
PGY-3, Yale Primary Care  
The University of Toledo  
College of Medicine



**David Elson, MD**  
PGY-3, Yale Primary Care  
Brown Medical School



**Natalie Galanina, MD**  
PGY-3, Yale Primary Care  
The Chicago Medical  
School



**Chang Na, MD**  
PGY-3, Yale Primary Care  
University of California,  
San Diego



**James Ocampo, MD**  
PGY-3, Yale Primary Care  
UCONN School of  
Medicine



**Carolyn Presley, MD**  
PGY-3, Yale Primary Care  
Dartmouth Medical  
School



**Kathleen Samuels, MD**  
PGY-3, Yale Primary Care  
Yale University School of  
Medicine



**Carla Sawan, MD**  
PGY-3, Yale Primary Care  
University of Balamand



**Isaac Shalom, MD**  
PGY-3, Yale Primary Care  
Sackler School of  
Medicine



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University of Washington



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Temple University



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Brown Medical School



**David Irizarry, MD**  
PGY-2, Yale Primary Care  
SUNY, Buffalo



**Justin List, MD**  
PGY-2, Yale Primary Care  
Loyola University



**Preeti Manavalan, MD**  
PGY-2, Yale Primary Care  
Howard University College  
of Medicine



**Noemi Margaryan, MD**  
PGY-2, Yale Primary Care  
Albert Einstein College of  
Medicine



**Bradley Richards, MD**  
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Georgetown University



**Aroonsiri  
Sangarlangkarn, MD**  
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Mount Sinai School of  
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**Nadine Stanojevic, MD**  
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South Florida



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School of Medicine



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**Danielle Charych, MD**  
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University of Minnesota  
Medical School



**Faye Farber  
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SUNY, Downstate



**Gretchen Guzek, MD**  
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**Janet Ho, MD**  
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PGY-1, Yale Primary Care  
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**Nora Segar, MD**  
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**Trishul Siddharthan, MD**  
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University of Miami



**Sarah Buckingham, MD**  
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Jefferson Medical College



**Sarah Dolgonos, MD**  
PGY-1, Yale Primary Care  
SUNY, Stony Brook



**Philip Effraim, MD**  
PGY-1, Yale Primary Care  
Columbia University  
College of P&S



**Olga Fermo  
(Madej), MD**  
PGY-1, Yale Primary Care  
University of Connecticut  
School of Medicine



**Gaganpreet  
Grewal, MD**  
PGY-1, Yale Primary Care  
Case Western Reserve  
University



**Gnana Simon, MD**  
PGY-1, Yale Primary Care  
Albany Medical College



**Irene Yang, MD**  
PGY-1, Yale Primary Care  
Temple University SOM

## Pharmacy Residency Program Director



**Bahar Matusik**  
**PharmD**

Clinical Coordinator,  
Pharmacy Department  
Waterbury Hospital

# pharmacy

## Residency Program

Waterbury Hospital's PGY-1 Pharmacy Residency Program is accredited by the American Society of Health-System Pharmacists (ASHP) with two resident positions available each year. Our mission is to be clinically focused and to share responsibility for the optimal outcome of a patient's drug therapy -- in collaboration with physicians, staff, patients and family -- while providing cost effective, outcome-based pharmacoeconomic pharmaceutical care to patients across the health care continuum.

The purpose of a postgraduate year one (PGY1) pharmacy residency is to prepare pharmacists for practice. Our program consists of a one-year period of concentrated training in all aspects of hospital pharmacy practice. It is designed to be general, clinical in nature and provide the working knowledge along with experience that will enable the resident to assume a leadership role in hospital pharmacy. Our goal of training is to develop the resident's independent practice skills and confidence in a variety of general practice and specialty areas.



**Brittany Larsen,**  
**PharmD**  
PGY-1, Pharmacy  
Columbia University  
College of P&S



**Shawn MacVane,**  
**PharmD**  
PGY-1, Pharmacy  
University of Connecticut  
School of Medicine

## Medical, Surgical and Pharmacy residents

2011/2012 DIRECTORY

### Pulse

is published monthly by the Public Relations/  
Marketing Department at Waterbury Hospital

**MANAGING EDITOR: MATT BURGARD**

For comments, questions and suggestions,  
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CONTINUED FROM PAGE 2

Waterbury Hospital has three residency programs: the primary care/internal medicine program, sponsored by the Yale School of Medicine; the surgical residency program, sponsored by Waterbury Hospital in association with the Yale School of Medicine and the University of Connecticut School of Medicine; and an exciting new program for pharmacy residents.

These programs have proven vital in allowing Waterbury Hospital to be invigorated with up-to-date medical advances and fresh perspectives on a broad range of medical issues. By maintaining strong residency programs, we also ensure that many of these talented new physicians will choose to remain in the Waterbury region and establish their careers here through affiliations with the hospital. That's something that benefits the entire community for years to come.

It's understandable, then, why this annual Directory of Residents, which puts names and backgrounds to the fresh faces walking our hallways this year, is so popular. We hope you will enjoy getting to know these residents, on a personal and professional basis, in the months and years to come.



**David J. Pizzuto, MD**  
Vice President of Medical Affairs/Chief Medical Officer

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