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MAY 2008



UPDATE

THE NEWSLETTER FOR WATERBURY HOSPITAL EMPLOYEES & NETWORK AFFILIATES



KRISTAPS J. KEGGI, MD



JOHN M. KEGGI, MD



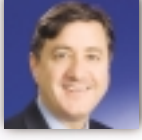
ROBERT "TED" KENNON, MD



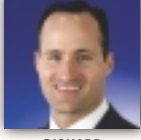
ERIC J. OLSON, MD



ROBERT P. HENDRIKSON, MD



MICHAEL J. KAPLAN, MD



RICHARD MANZO, MD



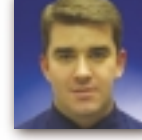
ROBERT WETMORE, MD



WILLIAM F. FLYNN, JR., MD



PAUL J. BEAUVAIS, MD



FREDERICK J. WATSON, MD



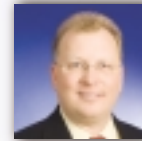
PATRICK R. DUFFY, MD



RICHARD H. DYER, MD



RICHARD A. MATZA, MD



ANDREW J. NELSON, MD



GLENN G. TAYLOR, MD



DENNIS M. RODIN, MD



CHARLES E. RAFFERTY, MD



RICHARD E. LOYER, MD

WATERBURY HOSPITAL #1 HOSPITAL IN CT FOR JOINT REPLACEMENT SURGERY IN 2008,

ACCORDING TO HEALTHGRADES®



HealthGrades® study finds patient outcomes at Waterbury Hospital among nation's best for Joint Replacement surgery.

According to HealthGrades®, Waterbury Hospital ranked #1 in Connecticut and among the top 5% of hospitals in the nation for Joint Replacement surgery in 2008. Congratulations are in order for the entire orthopaedic department, without whose high level of performance these accolades would not be possible.

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Dr. Kennon Publishes Top-Selling Book

Amazon.com ranks book #1 among all Hip Replacement books




Robert "Ted" Kennon, MD, pictured at left, recently published a book titled, *Hip and Knee Surgery: A Patient's Guide to Hip Replacement, Hip Resurfacing, Knee Replacement, and Knee Arthroscopy* that is ranked #1 on Amazon.com.

The book is organized into illustrated sections on hip and knee surgeries, nonoperative treatment options, information on surgical approaches and techniques (including minimally invasive surgery), implant materials and designs (such as ceramic versus metal bearings), and potential complications of surgery. Clear and informative chapters explain what to expect before, during and after hospitalization, including illustrated post-operative exercises and rehabilitation recommendations.

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Waterbury Hospital Employees Commended By Congressman Chris Murphy



Congressman Chris Murphy (pictured far left), of Connecticut's 5th Congressional District, presents **Alan Copeland**, Safety Security Supervisor at Waterbury Hospital (pictured right), with a certificate of special recognition from the United States Congress at a recent ceremony held at Waterbury Hospital. Copeland and four other hospital employees rushed into a burning house on February 6 and rescued seven residents. Congressman Murphy also presented **Neftali "J.P." Pena** (a Waterbury Hospital Patient Care Associate), **Anne Adamski** (a Communications Specialist with the hospital), and Safety Security Officers **Hector Torres** and **Ken Rasmussen** with certificates of recognition (**Andrew Romano**, also a Safety Security Officer who was involved in the rescue, was not present at the ceremony). **Waterbury Fire Chief Michael Maglione** also recognized their heroic efforts during the event which was attended by members of the media, hospital employees and their families and at least one of the persons rescued from the fire. 


Waterbury Hospital #1 hospital in CT for Joint Replacement

Continued from page 1

Additional achievements include:

- **Top 5 in Connecticut for Overall Orthopaedic Services**
- **Top 10 in Connecticut for Spine Surgery**
- **Five-Star Rated for Joint Replacement**
- **Five-Star Rated for Total Knee Replacement**
- **Five-Star Rated for Total Hip Replacement**

According to **John Tobin**, President and CEO, the hospital could not have achieved these rankings without the leadership of **Kristaps J. Keggi, MD**, an internationally renowned pioneer in hip joint replacement, who is widely recognized for his development of the anterior minimally invasive approach to total hip joint replacement. Dr. Keggi's leadership in the field and at Waterbury Hospital has helped attract numerous joint replacement and orthopaedics surgeons. **John M. Keggi, MD** and **Robert "Ted" Kennon, MD**, for example, are the only two surgeons in the world performing the anterior approach to the Birmingham Hip Replacement. **Michael J. Kaplan, MD**, has led the way with his minimally invasive approach to unicondylar arthroplasty in the knee. **William F. Flynn, MD**, is another outstanding orthopedic and joint replacement surgeon who trained at the prestigious Hospital for Special Surgery in New York. This is only a small sampling of the extraordinary talent at Waterbury Hospital.


Many critical roles are also played by the hospital's superb group of Physician Assistants led by **Joan Doback, Chief Physician Assistant**, the inpatient nurses on Pomeroy 7, the Operating Room nurses, the excellent group of Anesthesiologists and the Physical Therapists. Without the contributions of this entire team, the level of excellence achieved by Waterbury Hospital's Joint Replacement team would not be possible. 

Dr. Kennon Publishes Top-Selling Book

Continued from page 1

"As a surgeon, I have found that probably only 25 percent of my time is spent actually helping patients in the operating room," Kennon wrote in the book's forward. "The majority of my time is spent teaching patients about their health problems and options, both in the hospital and in the office, sketching diagrams at the bedside or in the exam room, and conveying information about their condition and options." He continued, "The best patient outcomes occur when patients are both well-motivated to get better and have a good understanding of what to expect."

Dr. Kennon is a board-certified orthopaedic surgeon, who is fellowship trained in adult reconstruction and joint replacement surgery. He trained at Yale and Emory universities and also has a degree in mechanical engineering. Dr. Kennon joined the staff of Waterbury Hospital in August 2004.

This 225-page book is available at Amazon.com, Barnes & Noble, Borders, at Dr. Kennon's Middlebury office, and the Waterbury Hospital gift shop. Proceeds from books purchased at the hospital gift shop go to the Waterbury Hospital Auxiliary. 



Waterbury Hospital Holds Amatruda Lecture Series

The Thomas T. Amatruda Visiting Professorship Lecture Series in Endocrinology was recently held at Waterbury Hospital. The lecture series was established in honor of **Thomas T. Amatruda, MD**, a former Director of Clinical Services at Waterbury Hospital. Dr. Amatruda was also a Clinical Professor of Medicine who made major contributions to graduate and post-graduate medical education at Yale University School of Medicine and Waterbury Hospital. Many of Dr. Amatruda's publications are considered classics in the field of endocrinology and metabolism.

Pictured, from left to right, are: **James Bernene, MD**, 2008 Amatruda Lecturer; **Jock Lawrason, MD**, Director of Medicine at Waterbury Hospital; **Barbara Amatruda**, Dr. Amatruda's widow; and **David Podell, MD**, Firm Chief at Waterbury Hospital. 🌐



Waterbury Hospital Excels in Getting Patients to Cath Lab in Timely Manner

Waterbury Hospital is one of more than 1,000 hospitals participating in the Door 2 Balloon (D2B) Alliance, a national organization designed to help hospitals providing Angioplasty Services to achieve success in getting patients experiencing acute heart attacks to the cardiac catheterization lab in 90 minutes or less.

- To date, the average time from arrival in ED to arrival and reperfusion in the Cath Lab is an average of 60 minutes, well below the 90 minute benchmark.

Through team effort and dedication to commitment, the Emergency Department (ED) and Cardiac Cath Lab staff has worked to implement all six evidence-based strategies recommended by the D2B Alliance. As a result, the hospital has been able to reduce its D2B times by half from when Angioplasty services first began at Waterbury Hospital three years ago. To date, the average time from arrival in ED to arrival and reperfusion in the Cath Lab is an average of 60 minutes, well below the 90-minute benchmark.

In the hospital's effort toward continuous quality improvement, next steps will be to look toward a city wide effort to equip ambulances and the ED with technology needed to transmit Electrocardiograms done in the field to the ED prior to the patient's arrival. This initiative will save additional valuable time in activating the process, but more importantly, may save more hearts!

Pictured from above from left to right are: **Karen Miele, RN**, Cath Lab; **Denise Kinnik, RN**, Cardiac Rehab; **Patty Kinzly, RN**, Cath Lab; **Claire Bauknecht**, Invasive Technician, Cath Lab; **Erin Roland, RN**, Quality Management; **Betty Stanley, RN**, Cath Lab; **Stephen Widman, MD**, Director of Invasive Cardiology; **MaryJo Skiba, RN**, Cath Lab; **Anna Reynolds**, Invasive Technician, Cath Lab; **Monica Giacomi, RN**, Assistant Director of Cardiology; **Joanne Borduas, MSN**, Director of Outpatient Services. 🌐



Auxiliary's Fashion Show Raises \$2,000

The Waterbury Hospital Auxiliary raised more than \$2,000 at its inaugural spring fashion show and luncheon, which featured fashions from several local retailers. Pictured above, from left to right are: **Eric Normandin**, an escort; **Sarah O'Connell**, a model and daughter of **Sue O'Connell** who works in the Fund Development office; **Ashley Duncan**, a model and daughter of **Donna Duncan, RN**, who works in the Family Birthing Center; **Miranda Tejada**, daughter of **Marcia Tejada, MD**; Miss Connecticut 2008 **Dana Daunis**, who performed at the event; **Alexa Farrell**, granddaughter of **Theresa Pagano**, who serves on the Auxiliary board; and **Jonathan Duncan**, an escort, who is also the son of **Donna Duncan, RN**. 🌐

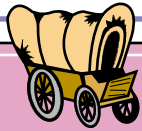


Hospital Holds Alternative Lecture Series

Waterbury Hospital recently held the Florence Erlanger Alternative Medicine Lecture Series to educate members of the clinical and medical community, and the general public about alternative medical therapy. **Beatriz R. Olson, MD**, an attending physician at Waterbury Hospital who specializes in Endocrinology, discussed how the body's biology evolved to deal with a simpler environment than it currently has and how ignoring these newfound environmental factors could result in a lack of wellness.

Florence Erlanger, RN, graduated from Waterbury Hospital's School of Nursing in 1942. She used complementary therapies to heal her patients while an employee at Waterbury Hospital and while serving as director at area nursing homes. After her passing, Erlanger's friends established a fund to carry on her memory. That fund subsidizes this lecture series.

Pictured above, from left to right, are: **John Tobin**, President and CEO, **Beatriz R. Olson, MD**, and **Tom Missett**, Chief Development Officer. 🇺🇸



WELCOME WAGON

Waterbury Hospital congratulates and welcomes the following new employees who joined the hospital in March and April:

Jahira A. Acosta
 Devon F. Bandouveres
 Michael E. Barnes
 Bogumila B. Bartnicki
 Thomas M. Bohuski
 Lindsay M. Booth
 Alaine B. Caterino
 Jasmine S. Cropper
 Evelyn E. Cruz
 Maria Dinkollari
 Michelle M. Dionne
 Crystal A. Edwards
 Manuel J. Fernandes
 Scarlett K. Forbes
 Laura Franco
 Nicholas Gagain
 Dina Gillian
 Joshua D. Giroux
 Michael B. Gutman
 Shadonna L. Harrison

Stephenie D. Kunkel
 Dominick C. Lasorsa
 Dalia M. Marko
 Yvonne Modesto
 Suzanne J. Mouchali
 Jody D. Murphy
 Noelle J. Noah
 Nara P. Oliveira
 Tania Oliveira
 Maria Padron
 Anne Margaret Perillo
 Ricardo Pierre-Paul
 Amanda P. Rogers
 Judith A. Sabolchik
 Douglas B. Santiago
 Erin Sanzone
 Debra M. Sceppa
 Mereme Selmani
 Brittney D. Taggett
 Walter T. Williams

Waterbury Hospital presents:

Mystery, Mayhem and Women!

The Killer Psychiatrist of Litchfield County Tells All!

Friday, May 2, 2008
 4:30-9:00 pm
 Southbury Crowne Plaza

Keynote Speaker:
 Psychiatrist & Author
Charles Atkins, M.D.

Featured Guest:
Karen Kangas, EdD
"It's a Bipolar World"

For tickets please contact the
 Waterbury Hospital Development Office
 203-573-7691

17th Annual

Sponsored by:

Advanced Vein Therapy Thank God I'm Female

ON THE MOVE



Mackenzie Smith, MD

Mackenzie Smith, MD, has been named Assistant Director of the Hospitalist Program. She succeeds **Jeannie Kenkare, MD**, who stepped down to pursue an outside interest in medicine beginning in May. Dr. Smith joined the hospital in 2006 as a Hospitalist.

UPDATE

IS A PUBLICATION OF THE PUBLIC RELATIONS & MARKETING DEPARTMENT OF WATERBURY HOSPITAL

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ASSISTANT EDITOR: JENNIFER MANES

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